



## Learn What You Should Know Before Getting Facial Fillers

### Description

The most often used face fillers are synthetic gels. There are various brands, however they are classified according on the natural bodily chemical they mimic.



Calcium hydroxyapatite and hyaluronic acid, a sugar protein that attracts water, are among the ingredients. Some are firmer and cause your skin to puff out more than others. Autologous fat injections, unlike other fillers, necessitate surgery because they extract fat from another portion of your body.

### Be Prepared Before You Go

A medical treatment is required for facial fillers. Set up a consultation to inspect the facility and ask

questions. You'll feel more at ease if your treatment is scheduled on a separate day.

Each state has its own set of guidelines regarding who can administer face filler injections. Look for a plastic surgeon, dermatologist, or ophthalmologist who is board-certified. Inquire: How did you gain experience with face fillers?

Are you qualified to handle any problem, no matter how unusual?

## Select a Professional Setting

Visit a medical office to get face fillers. It's not appropriate to do it at a party, salon, spa, or someone's home. Issues are uncommon, but they can occur, especially when someone is inexperienced.

## Make a Goal

Consider carefully what you want fillers to do for your face; it isn't only about looking younger. You might wish to obtain injections in phases so that you can better control the outcome. Request before-and-after images from your doctor. It is critical to understand what success entails.

## Common Issues

Your face is a road map of arteries and veins beneath the surface of your skin. It is typical to have bruising after receiving an injection. Redness, slight bleeding, and discomfort are also common. You'll most likely be a touch bloated at initially as well. Allow a week for it to settle in.

## Other Dangers

Despite the fact that most fillers mimic natural compounds already present in your body, your body may not like it. Other dangers include:

- Rash
- Acne
- Lumps
- An itch from an allergic reaction

## An infection that has a warm sensation on the touch

Inflammation can also cause hyperpigmentation, or darkening of the skin. This can occur with any skin type, although it is particularly common in people of color.

## Rare Adverse Reactions

Blindness and dead tissue are not common occurrences. Fillers clog arteries in both cases, preventing blood from flowing. You will require immediate assistance from a dermatologist or other medical

specialist for both situations.

Facial fillers can add volume to your face, but they cannot improve the quality of your skin. If you have severe acne scars, etched-in lines, dark spots, or other skin concerns, consult your dermatologist about treatment options.

## What is the price?

Depending on your treatment area, you'll need one or two syringes. The current average cost per syringe for a one-year filler is \$650, and \$900 for a two-year filler. Because most fillers are considered cosmetic, they are not covered by health insurance. If you are quoted a price that appears to be too good to be true, the filler may have come from an unlawful source.

## Thinners of the blood

Inform your doctor about any medications, including supplements, that you are taking. Anything that thins your blood, such as prescription medicines, aspirin, or ibuprofen, can prolong the duration of bruises. Most doctors recommend discontinuing blood thinners two weeks before an injection.

## Wear No Makeup

Make sure your face is clean when you arrive for your visit to reduce your chance of infection. Before your injection, your doctor will clean it again. It's possible that you'll have to wait an hour or two following the surgery to put on makeup. When you do, make sure to use clean brushes and new cosmetics.

### Category

1. Lifestyle

### Date Created

April 2022

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