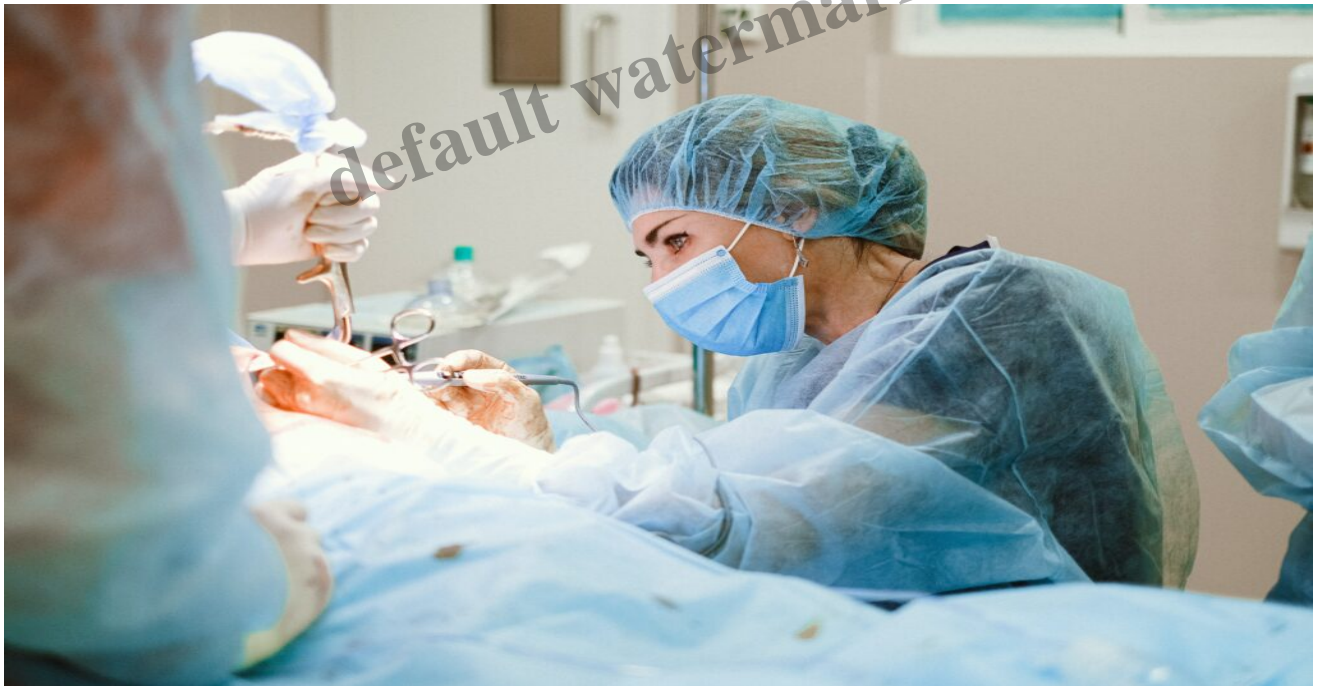




Learn 10 Questions to Ask Yourself Before Having Plastic Surgery

Description

You should ask yourself ten things before undergoing any form of plastic surgery.



Are You in Good Enough Health to Have Plastic Surgery?

Before considering plastic surgery, you must first determine whether or not you are in good enough health. Most people who pass routine pre-surgical examinations such as blood tests, chest X-rays, and electrocardiograms (EKGs) are excellent candidates for plastic surgery. ?1

Make sure your plastic surgeon is aware of your whole medical history. If you conceal health issues, your plastic surgeon will not provide an appropriate assessment. And if something goes wrong, you

won't have a leg to stand on! In addition, lying to your surgeon absolves them of accountability if issues arise.

True, certain medical conditions may preclude you from undergoing plastic surgery, but wouldn't you rather be alive than a cosmetically enhanced corpse?

What is the procedure's name, and what does it entail?

Knowing the procedure's name is not the same as knowing what it comprises. This does not mean you need to know the specifics, such as the type of scalpel your plastic surgeon is using, but you should know if the treatment will produce the desired results. Furthermore, you should know whether the operation is appropriate for the body area for which you are seeking enlargement. You should also be aware of the procedure's medical name so that you can confirm it when hospital or medical center personnel inquire.

What Are the Potential Risks of Your Procedure?

Plastic surgery is frequently successful. However, you must be aware of any potential difficulties that may arise due to the procedure(s) you are undergoing.

Infection is just one of the possible complications.

2 Plastic surgery will also leave you with scars. Scars may not always form a very fine line. In addition, scars can sometimes get elevated or enlarged. These are just a few of the risks you should be aware of before undergoing plastic surgery.

Another concern is that, despite excellent skill or what a cosmetic surgeon and their colleagues deem to be a decent result, you may be dissatisfied with the result. This happens when the procedure's limits are not disclosed before surgery.

What do you hope to gain from the surgery?

An enhancement in the contour of a specific body component is anticipated. Maybe you'll get a lift in self-esteem as a result. However, if you expect anything more, you should know the procedure's restrictions.

What Kind of Outcomes Can Be Expected?

Only what happens within the operating room is under your plastic surgeon's control. No matter how good your plastic surgery is, they cannot promise a job advancement, a relationship, or an improved social life or social position. Depression or eating issues will not be cured by plastic surgery.

Also, if you are unwilling to accept the operation recommended by your plastic surgeon to achieve the greatest possible outcome—whether because you are concerned about longer scars or a long

recovery time—you must be willing to accept an inferior result. Failure to follow post-surgery instructions can result in a poor outcome and, in some cases, exacerbate a condition.

Finally, if you want to look like a Barbie or have a “perfect” nose or pair of breasts, you might be disappointed. You may end up looking overly “plastic,” or you may believe you do not look “good enough.” But, again, your goal should be to improve rather than to be flawless.

Is There an Alternative to Plastic Surgery?

This is critical to understand because plastic surgery is not without dangers. Could you make changes to your diet? Could you move your body a little more and get a little more exercise? If you’ve given all other options a fair shot, plastic surgery may be a viable option for you. There is also the option of not having any surgery at all.

Will You Be Able to Cover Up Your Scars?

Scars are to be expected with plastic surgery! You should be aware of where your scars will be located. This is especially necessary if you wear low-cut jeans or shirts, bikinis, etc., or if your job requires you to expose your flesh (such as actors, dancers, or models).

Don’t believe the marketing hype about plastic surgeons performing “scarless surgery.” Plastic surgeons are skilled at concealing or camouflaging scars and take pride in their incision closures. Patients frequently use this to determine whether or not a procedure was successful. So do not be afraid to inquire about them.

How much will it cost, and will you be able to afford it?

Plastic surgery is not inexpensive! Whether you are paying cash or financing your operation, you must first assess whether you can afford plastic surgery. Is there anything else in your life that will suffer if you spend money on plastic surgery? This is especially true if you are paying for your operation yourself. Are you willing to keep paying off your operation even after you’ve recovered? Even if the outcome isn’t precisely what you intended or there’s a complication, you’ll still have to pay.

Are You Willing to Go Through Multiple Procedures?

You may need revision surgery. Revision surgery in plastic surgery is not commonplace. Revision surgery entails having surgery done again to improve on previous surgery. It could be a little operation requiring only local anesthetic or a more involved process with an additional cost.

Are You Able to Take Enough Time Off to Recover?

You could be out of commission for several days or even weeks, depending on the operation. In addition, you will require time off following your surgery to heal. And it isn’t just the early aches, pains, and bruising that you may endure; once those have subsided, your plastic surgeon may still dictate

limits.

Can you afford to take time off if you work? This includes stay-at-home moms, whose job varies throughout the day. If you choose to use your vacation time, you must evaluate whether it is worth foregoing rest and leisure in exchange for healing time.

Category

1. Lifestyle

Date Created

January 2022

Author

tcanoah

default watermark