



Learn everything You Need to Know About Hair Transplants

Description

Science has proven to be an incredible blessing when it comes to dampening our bodies' insecurities and imperfections.



The hair in our bodies subconsciously adds to a charming personality; it can depict your age, style, or way of living. Hair transplants are modern-day solutions for people who encounter hair loss or hair thinning because of hormonal imbalance, vital medications, genetics, or head injury. However, many doubts cloud around hair transplants. Here are answers to seven questions that people frequently ask about hair transplants.

1. What is a hair transplant?

We all know the purpose of hair transplants, but many people are unaware of their procedures, techniques, or types. There are two types of hair transplants, FUT (Follicular Unit Transplant) and FUE (Follicular Unit Extraction). FUT, also known as FUSS (Follicular Unit Strip Surgery), is known for its extensive coverage and fullness. Hence, it is recommended by the surgeon if the patient desires

complete restoration of hair. First, a surgeon cuts a strip of skin from the back of the patient's head using a scalpel and stitches up the area where the skin is removed.

The scalp strip is separated into smaller pieces called grafts; the surgeon then plants the hair in small holes made around the area where transplanting is needed. This is called grafting, after which the scalp is covered with sterilized bandages or gauze. On the other hand, FUE is a more straightforward process wherein the surgical team shaves off the back of the head and takes individual follicles from the scalp skin, and similar to the FUT, these follicles are grafted into the holes made in the required spots.

Most people prefer FUE because it brings less discomfort/pain, is more effective, and leaves no scars. However, after the transplant, regardless of the technique one may have opted for or used, it takes around four to six weeks to notice the growth of the hair follicles and requires one to be sincere with the prescribed medication.

2. Is hair transplant permanent?

The first question that people usually ask after knowing its various procedures is if the hair transplant is permanent, and the answer to this is yes. Most of the hair transplants significantly last for a very long period. Since the process is about planting live follicles on the balding areas, adhering to the medication is essential for the cause of proper follicle growth.

Over time, the follicles will also fall out like normal hair because of the regular cell cycle, but after around four to six weeks, new hair will start growing out of the grafts (the spots where the follicles are planted). It depends mainly on how the patient takes care of both his hair and the prescribed medication post-surgery. However, for better results over time, people usually go for follow-up transplants, so it is just a matter of personal choice.

3. Who can opt for a hair transplant?

Age prejudice often gathers around this topic. Many people feel that the older generation should not get hair transplants because it wastes time and money grooming themselves around an unsuitable age. Also, many people associate hair baldness and restoration with men, and women are generally pushed out of the box. In reality, this is just a misconception, and age or gender has nothing to do with the procedure. Any willing person between their early 20s and late 60s can have it done once the cause and pattern of hair fall or baldness are clinically determined. The procedure or type of hair transplant may vary, but age or gender has no relation to this plan of action.

4. What is the cost of the procedure?

There is no exact cost of the hair transplant procedure as factors such as the number of transplant sessions, area of baldness and the patient's expectations, the techniques and tools used, the availability of surgeons in the area, or the qualification, skill, and experience of the surgeons and their team will determine the cost of the procedure. There are a lot of factors that give a verdict for the cost of the procedure, so it varies from region to region. Another thing one must keep in mind before finally deciding to go for a hair transplant surgery is the cost of the medication before and after the surgery. Also, health insurance will remain absent during the whole process as hair transplants are undoubtedly cosmetic procedures.

5. Are hair transplants painful?

The surgeries are performed under local anesthesia, which means that the patient is less likely to feel pain or discomfort when the procedure is being carried out. However, after the surgery is completed, the anesthesia wears off, and the patient will feel pain or soreness. In such cases, the doctors prescribe pain-relieving medications to numb and ease the pain—people who opt for FUE experience lesser pain and discomfort than those who opt for FUT. However, the procedure does demand a little forbearance, and the saying “no pain no gain” becomes quite relevant to the situation.

6. How to take care of hair post-surgery?

It should be kept in mind that one should not wash the hair right after the surgery but wait a few days. Doctors recommend using mild shampoos for the first few weeks and avoiding brushing or combing hair for three weeks; the wearing of hats, caps, or hoodies should be avoided until the doctor approves it. It is also advised that a person rests for at least seven days after the hair transplant surgery. However, one can resume normal activities in about three days.

7. What side effects do hair transplants have?

There is almost nothing in the world that does not have disadvantages. Apart from some discomfort and pain post-surgery, many people experience bleeding and pus/ crust drainage from around the operated areas. If not cared for properly, it might be prone to infections leading to itching, swelling, and inflammation of the hair follicles. In addition, there are instances of lost sensations around the surgical sites. Apart from these side effects, the medication prescribed for hair transplants often have chemicals affecting sexual dysfunction, irregular heart rate, swelling of hands, feet, or breasts, chest pain, dizziness, headaches, etc.

Hair is not a necessity for anyone to be good-looking, intelligent, successful, or anything else. One must know that they are unique with or without the hair in the body. Since everyone is born in different circumstances to people bearing all the more different genes and we go through different experiences in life, no one has the right to impose any hair standard on anyone.

If ever anyone wants to go through this, let it be for betterment and acceptance of the self and let there be no ulterior motives for such a procedure.

Category

1. Lifestyle

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