



## 5 Benefits of Hair Restoration

### Description

Hair loss can significantly change an individual's appearance and have a huge impact on their overall self-confidence.



Over-the-counter products promising to restore hair often fall short and can cause troublesome side effects. Fortunately, microneedling with platelet-rich plasma (PRP) offers men and women a noninvasive hair restoration solution that stimulates natural hair growth. Now, you can finally have the full head of hair you've been hoping for.

Franklin Rose, MD, is a board-certified plastic surgeon. He understands the impact hair loss can have on your self-esteem. He, along with our team at Utopia Med Spa, offers the latest hair restoration solutions individualized to meet your unique needs using platelet-rich plasma (PRP) therapy.

### The root of hair loss

Hair loss is complex and has various causes. In some cases, a genetic predisposition is to blame. But there are several reasons why you might notice thinning, less voluminous hair, such as:

- Age

- Poor diet
- Hormone changes
- Immune system dysfunction

There are several reasons why you might be experiencing hair loss. That's why Dr. Rose can create an individualized treatment plan using PRP to promote natural hair growth and help you achieve lasting results.

## **The science behind PRP therapy for hair loss**

Platelet-rich plasma therapy harnesses the power of your body's own growth factors to regenerate hair follicles and stimulate new hair growth.

When you visit our office, Dr. Rose draws blood to create a highly concentrated source of PRP by spinning the blood in a centrifuge. This process separates the plasma needed for therapy.

Dr. Rose pricks the treatment area around your scalp using a derma roller with small needles. This injects PRP into the target areas.

PRP is a vital substance in the blood that contains growth factors and stem cells. These substances stimulate inactive hair follicles to start the growth of healthy hair.

PRP is an innovative solution for hair loss with several benefits. Here are the top five reasons why you should consider this treatment:

### **1. Non-invasive hair restoration**

There are several options to restore hair growth. That said, transplants and other procedures can be complicated and painful. With PRP injections, you can get your treatments conveniently in the office without the need for extensive procedures or a long recovery process.

### **2. PRP therapy for hair loss looks natural**

Treatment with PRP for hair loss is also virtually undetectable; no one can tell you're undergoing therapy. Injections cause few side effects — any minor bruising or redness at the injection site resolves within just a few days of treatment.

### **3. Treats hair loss from the inside out**

One of the biggest benefits of PRP therapy for hair loss is that treatment addresses the root cause of your issues. Stimulating the inactive hair follicles promotes hair growth now and in the long term. You can have peace of mind knowing your results look completely natural because it's all your own hair that's growing.

### **4. Individualized treatments**

Unlike one-size-fits-all hair restoration solutions, microneedling with PRP therapy for hair loss is

completely customizable. Dr. Rose evaluates your hair loss and creates an individualized treatment plan to give you the optimal aesthetic outcome.

Whether you're experiencing hairline receding, thinning, or balding, your PRP treatment plan is designed to address your specific hair needs.

## 5. Convenient

With zero downtime and no incisions, PRP therapy for hair loss is easy, pain-free and convenient. There's no need to take time off work or plan for an extensive recovery. A typical treatment session takes about 45 minutes. Dr. Rose can have you in and out of the office during your lunch hour.

If you're struggling with hair loss and ready for a non-invasive solution that provides natural results, schedule a consultation at Utopia Med Spa in Houston, Texas today.

### Category

1. Lifestyle

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